

Time Management

Take 30 minutes a day to think, speak to yourself and pray about your vision. Do this for 2 weeks.

Week 1

Week 2

Sun	Mon	Tues	Wed	Thurs	Fri	Sat

Add another 15 minutes of research by reading, watching videos or listening to audio about your vision. This will total 45 minutes a day devoted to thinking, speaking and learning about your goal. Do this for another 2 weeks, making notes on what you've learned.

Week 1)

Week 2)

Now that you're up to 45 minutes a day within an allotted time-frame that is comfortable for you, continue this routine for another couple of weeks.

Make an appointment with yourself to work on your vision for 2 hours at the time and place you selected.

My "Vision Project" Appointment

Date: _____ Time: _____

☐ Mon. ☐ Tues. ☐ Wed. ☐ Thurs. ☐ Fri. ☐ Sat.

Location: _____

Meeting with: _____

Purpose: _____

Repeat Dates: _____
